

‘THE BRACHA’

We are taught in Torah, and through Messiah, that we are to give thanks to G_d by saying a blessing to Him. In Hebrew, this is called the ‘Bracha’; in addition, we are taught that a “Thanksgiving Offering” is in recognition of G_d’s love for us. The Torah also teaches us to give thanks to G_d for the fill of our food, thus directing us to give thanks after we have consumed our food. Messiah Y’shua also taught us that it is good to bless G_d before receiving our meal.

As Believers in the Hebraic-Apostolic faith, we recognize through the Bracha, that we were given a Savior through whose stripes and piercings we have been healed and made whole. We also recognize through the Bracha, that we were given a Savior through whose blood our sins have been removed completely!

- **This action is usually done in the form of Communion.**

So, scripturally speaking, we bless G_d before the meal (not the food, it already is a blessing) and then we thank G_d after we have eaten the meal, for providing our sustenance. This is called ‘grace after the meal’.

As it pertains to Communion however, our purposes are somewhat different.

Communion: Because our Savior was sinless, scripturally speaking, we would not use bread made with yeast to bless G_d with, because ALL offerings to G_d within Torah were lifted with bread without yeast, because yeast represented sin [chametz]. When we do this action as a form of communion, we lift the matzah first - say the blessing - partake – then we proceed to the cup accompanied by its blessing.

Shabbat dinner: We begin with the meal the cup first, then the bread. And here, we can use challah instead of matzah, as this is a representation of giving thanks for our food verses a communal recognition of G_d and us, as a community, being one in him.

Each benediction begins with this Hebrew verse:

Baruch atah adonai elocheinu melech haolam

-Blessed Are You Oh L-rd, Our G-d, King of the Universe

The endings depend specifically on what it is being done for, Communion or Shabbat meal.

Shabbat Meal

For Bread-cracker this ending would follow:

Hamotzie lechem myn ha'aretz.

-Who brings forth bread from the earth.

For Wine & Grape juice:

Boreiy pree hagafen

Who creates the fruit of the vine

For communion, we extend the translation to read:

For Bread-cracker this ending would follow:

-Who brings forth bread from the earth – **and who has given us Messiah Y’shua, The Bread of Life.**

For Wine & Grape juice:

-Who creates the fruit of the vine – **and who has given us Messiah Y’shua, The True Vine.**